

8" x 8" 2 sided

THERE IS CALMNESS THAT MAKES US MORE POSITIVE, MORE PRODUCTIVE, AND MORE POWERFUL. THERE IS TRANQUILLUM

ONSITE THERAPEUTIC CHAIR MASSAGE

Workplace stress is an epidemic that affects employee health, productivity, absenteeism, and morale. And while there's no way to remove stress from your office, there is a proven way to reduce the effects of workplace stress easily, effectively, and affordably.

GOOD FOR YOUR EMPLOYEES!

- Reduced soreness (even from chronic aches!)
- Improved circulation and strengthened immune system
- Reduced symptoms of carpal tunnel and tendonitis
- Increased energy
- Decreased stress and anxiety

GOOD FOR YOUR BUSINESS!

- Improved morale
- Reduced absenteeism
- Decreased healthcare costs/claims
- Increased alertness, focus, and accuracy
- Increased productivity

While far less expensive than vacation days, Therapeutic Chair Massage (TCM) gives employees a brief but powerful escape that **improves their mood, their health, and their performance!**


Tranquillum

THERAPEUTIC MASSAGE IS NOT A LUXURY. IT'S AN **INVESTMENT** IN THE HEALTH AND WELL-BEING OF YOUR **EMPLOYEES AND YOUR BUSINESS.**

Company-sponsored TCM is an **enjoyable, affordable,** and often **deductible** employee benefit that can be offered in a variety of settings or events such as...

- Kick-off for health and wellness initiatives
- Celebration of company milestones or events
- Rewards or incentives for efforts during busy times/seasons
- Wednesday (or any other day you want employees to look forward to)

Massages are administered over one's work clothes and seated in a specialized massage chair designed to maximize relaxation and allow for optimal compression/manipulation therapy for neck, shoulders, back, arms, hands, and scalp.

Equipment, relaxation music, and water (post massage hydration) are provided by Tranquillum. Employers need only provide a relatively quiet and closed space.

MESSAGE PACKAGES

10-Minute Massage, \$10 Per Person, 10-Person Minimum

15-Minute Massage, \$15 Per Person, 10-Person Minimum

**Special event and large-group pricing available.*

To learn more about the most powerful yet most cost-effective investment you can make in your workforce, contact...

LISA VER VOORT Licensed Massage Therapist/Owner

Call/text **920.268.9111** or email tranquillumllc@gmail.com


Tranquillum